

SSVP St. Paul The Apostle
Canada Dental Benefit (Government of Canada)

Refer to [Canada Dental Benefit - Canada.ca](https://CanadaDentalBenefit-Canada.ca)

The interim Canada Dental Benefit is intended to help lower dental costs for **eligible families earning less than \$90,000 per year**. Parents and guardians can apply if the child receiving dental care is **under 12 years old and does not have access to a private dental insurance plan**.

Depending on your adjusted family net income, a **tax-free payment of \$260, \$390, or \$650 is available for each eligible child**. This interim dental benefit is only available for 2 periods. You can get a maximum of 2 payments for each eligible child. Benefit payments are administered by the Canada Revenue Agency (CRA).

The **first benefit period is for children under 12 years old as of December 1, 2022 who receive dental care between October 1, 2022 and June 30, 2023**.

Who can apply (Eligibility Criteria)? You must meet all the following criteria:

There are 2 benefit periods: (1) October 1, 2022 to June 30, 2023; (2) July 1, 2023 to June 30, 2024

Eligibility criteria for benefit period 1 – you must meet all of the following criteria for each child that you are applying for:

- Your child was born on or after December 2, 2010
- Your child receives dental care services in Canada between October 1, 2022 and June 30, 2023
- Your child does **not** have access to a private dental insurance plan
- Your child's dental costs are **not** fully covered by another dental program provided by any level of government
- You are the only parent or caregiver receiving the CCB for your child as of December 1, 2022 or you have shared custody of your child and receive half of the CCB for your child as of December 1, 2022
- You filed your 2021 taxes
- Your spouse or common-law partner filed their 2021 taxes or you do not have a spouse or common-law partner as of December 1, 2022
- Your adjusted family net income is less than \$90,000 in 2021

How much can you get?

Your Canada Dental Benefit payments are tax-free and will vary based on your family income. Parents and guardians with children who meet the [eligibility criteria](#) may apply for this benefit.

Benefits amount per eligible child are based on your adjusted family net income. Estimated benefits are as follows:

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Adjusted family income	Full Custody – amount	Shared Custody - amount
Less than \$70,000	\$650	\$325
\$70,000 to 79,999	\$390	\$195
\$80,000 to 89,000	\$260	\$130
\$90,000 or more	Not eligible	Not eligible

If dental costs are more than \$650

An additional payment may be available **starting on July 1, 2023** for some eligible children. You may meet the criteria if you are not applying for both benefit periods and your child's dental costs are more than \$650 in the period you apply for. You must have already applied and been eligible in order to meet the **criteria for the additional payment**.

Go to: **[Additional payment if dental costs are over \\$650 - Canada Dental Benefit - Canada.ca](#)**

Get ready to apply. You will need the following:

- 2021 Notice of Income Tax Assessment
- Confirm that you are receiving Canada Child Benefit
- each eligible child's dental care provider's name, address and telephone number
- date or expected date of your child's dental appointment
- your employer's name, address, and telephone number (if applicable)
- your spouse or common-law partner's employer's name, address, and telephone number (if **applicable**)

How to apply:

Applications are open for the first benefit period (*October 1, 2022 to June 30, 2023*). If you have more than one eligible child, you can apply for all of them at the same time or separately.

Apply online or by phone using your My CRA account.

- Online – Go to: **[My Service Canada Account \(MSCA\) - Canada.ca](#)**
- By phone – Call: **1-800-715-8836** – you will need the following to confirm your identity
 - Social Insurance Number (SIN)
 - full name and date of birth
 - complete address
 - assessed tax return, notice of assessment or reassessment, other tax document, or be signed in to CRA My Account

Keep your dental care receipts

Keep your receipts for 6 years in case the CRA needs to validate your eligibility.

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